**Basic Health** 

M 910,000won

Medical examination by interview	Medical history taking, health questionnaire & consultation
Blood pressure	Systolic BP, Diastolic BP
Body measure- ments	Height, Weight, Body composition
Blood	Anemia, Metabolism(Glucose, Lipids, Electrolyties, Vitamin D) Function (Liver, Kidney, Thyroid) Serum test (HIV, Syphilis, Rheumatism, Hepatitis A, B, C) Tumor markers (Liver, Pancreas, Large Intestine, Lung(M), Prostate(M), Ovary(F), Breast(F))
Urinalysis	Glucose, Protein, Erythrocyte, Leucocyte
Stool	Stool-occult blood, Parasites
Dental Exam	Tooth decay, Gum disease, Occlusion
Eye	Visual acuity, Intraocular pressure, Ocular fundus
Hearing test	Pure tone audiometry (over 50 years of age only)
Heart	Electrocardiogram (ECG)
Lung	Pulmonary function test
Chest X-ray	Pulmonary and bronchial disease
Mammo- gram	Breast disease (over 35 years of age only)
Abdominal ultrasound	Liver, Gallbladder, Pancreas, Kidney, Spleen disease
Women	Examination Cervix liquid-based cytology (Thin prep)
Stomach	Gastroscopy(In case of sedated(sleep) endoscopy, patient must be accompanied by a next of kin. Prohibited from driving themselves. An extra charge of 156,000won.)
Nutrition	Consultation, if needed after dietary habit assessment.
Post-exam counseling	Specialist consultation(in person or by telephone)





For both males and females

#### Basic Health Screening & Exams

- Colonoscopy(Conscious sedation endoscopy)
- Abdominal CT
- Low Does Chest CT
- Coronary Calcium Scoring CT
- Arterial stiffness and stenosis test (Ankle-brachial index)
- Thyroid Ultrasound
- Complete Thyroid work-up(blood)
- Bone Densitometry
- Exbody-3D Musculoskeletal imbalance / Misalignment test

 Men
 Image: Prostate Ultrasound

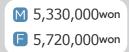
 Image: Male Hormone(blood)

 Image: Women
 Image: Breast Ultrasound

 Image: Image: Women
 Image: Gynecologic Ultrasound

- **HPV**(Human papilloma virus)
- ✓ Female Hormone(blood)





For both males and females

- Premium screening items
- ✓ Brain MRI + MRA
- Carotid Ultrasound
- Echocardiography



# Noblesse

M 6,370,000wonE 6,760,000won

For both males and females  Platinum screening items (excluding Abdominal CT, Coronary Artery Calcium Score)

CT and Low Dose Chest CT)

- Abdominal MRI
- Coronary CT Angiography

# Specialized Packages Disease and organ-specific intensive screening programs

#### \* Every specialized package includes a basic checkup program

Digestive System	<ul> <li>Colonoscopy(Conscious sedation endoscope)</li> <li>Abdominal CT</li> <li>Helicobacter pylori test</li> </ul>	M 1,781,000won F 1,846,000won
Circulatory System (Hypertension)	<ul> <li>Coronary CT Angiography</li> <li>Echocardiography</li> <li>Carotid Artery Ultrasound</li> <li>Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))</li> <li>Central Blood Pressure</li> </ul>	M 2,197,000won F 2,262,000won
Respiratory System	<ul> <li>Low Dose Chest CT</li> <li>Pulmonary Tumor Marker(Blood)</li> <li>61 Types of Allergies (MAST-Multiple Allergen Screening Test)</li> </ul>	M 1,430,000won F 1,534,000won
Brain (Stroke)	<ul> <li>Brain MRI + MRA</li> <li>Carotid Artery Ultrasound</li> <li>Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))</li> </ul>	M 2,808,000won F 2,873,000won
Pre-pregnancy	<ul> <li>Gynecologic Ultrasound</li> <li>Anti-Mullerian Hormone(AMH)</li> <li>Rubella antibody</li> <li>Ovarian cancer risk level test (HE4, ROMA)</li> </ul>	E 1,456,000won
Women's health	<ul> <li>Thyroid Ultrasound</li> <li>Breast Ultrasound</li> <li>Gynecologic Ultrasound</li> <li>HPV(Human Papilloma Virus)</li> <li>Bone Densitometry</li> <li>Female Hormone</li> <li>Ovarian cancer risk level test (HE4, ROMA)</li> </ul>	E 2,054,000won
Men's health	<ul> <li>Prostate Ultrasound</li> <li>Male hormone blood test : Testosterone, Free Testosterone, SHGB, LH, FSH, Prolactin</li> </ul>	M 1,326,000won

# **Body remodeling center**

#### Body balance recovery solution

A exercise prescription program enhancing body balance is the Korea's first examination for body design.

#### Standard

- Musculoskeletal imbalance / Misalignment test
- Plantar pressure / Foot deformity test
- Gait test
- Inbody test
- · Consultation and exercise prescription

#### **Deluxe Program**

- Musculoskeletal imbalance / Misalignment test
- Plantar pressure / Foot deformity test
- Gait test
- Inbody test
- Leg strength examination
- Spine strength examination
- · Consultation and exercise prescription

### **Golf & Science**

#### Systemic golf guide for wellness

Balanced body design restoration and golf training by systemically analyzing golf swings and physical conditions

Training		325,000won			
Analysis and training for injury prevention					
Half Training(30 Min	1,170,000won				
Golf training for beginners					
Full Training(60 Minutes, 8 Sessions)         2,340,000 won					
Swing Improvement Project for Injury Treatment and Prevention					
Other program Contact Information 02-2259-3308					

#### 650,000won

910,000won

### **Adolescents Health Screen**

Fundamental Strengthening(13~18 years old)

#### M 520,000won ₣ 559,000won

- Blood Pressure
- Body Measurements
- Urinalysis
- Blood Analysis Blood test(anemia, blood types): Metabolism(Glucose, Lipids, Vitamin D), Function(Liver, Kidney, Thyroid), Serum test(Hepatitis A,B,C) Rubella antibody(F), Syphilis, HIV
- Visual Acuity
- Auditory Acuity
- Electrocardiogram
- Pulmonary function test
- Chest X-Ray
- Abdominal Ultrasound

## **Optional Examinations**

	Colonoscopy In case of conscious sedation endoscope, an extra charge of 156,000won is added(Over 80-years of age group cannot be tested.)	325,000won
Abdomen	Abdominal CT (Contrast) Thorough examinations for various disease states and cancers of organs such as liver, pancreas, gallbladder, kidney, and adrenal glands	390,000won
	Abdominal MRI (Contrast) Thorough examinations for various disease states and abdominal cancers utilizing contrast between tissues	1,430,000won
	Liver Fibrosis Blood test (M2BPGi) Screening early liver fibrosis by identifying protein in blood that increase as fibrosis progresses	104,000won
Heart Coronary Artery	Coronary Artery Calcium Scoring CT (Non-Contrast) Screening test for calcification of coronary arteries which supply blood to the heart.	195,000won
	Coronary CT Angiography (Contrast) A thorough examination for stenosis or occlusion of the coronary artery which are common reasons for angina and myocardial infarction	455,000won
	Carotid Artery Ultrasound Carotid arteries (neck area) are major blood vessels that supply most of the blood to the brain and are useful in predicting cerebrovascular disease	234,000won
	Central Arterial Pressure Useful tests to assess the risk of cardiovascular disease by measuring the pressure and waveform of the central artery (Aorta, the largest vessel) and peripheral arteries	104,000won
	Arterial Stiffness and Stenosis Test(Ankle-Brachial Index(ABI) Test to measure the elasticity of blood vessels and precipitates in endothelium and to check occlusion of blood vessels of all four limbs through taking blood pressure, electrocardiogram, and checking heart sounds	104,000won
Lung	Low Dose Chest CT (Non-Contrast) Lung cancer screening test with low radiation levels compared to conventional lung CT	260,000won
Prostate	Prostate Ultrasound Check for benign prostate hyperplasia, prostatitis, and prostate cancer by anal insertion of ultrasonic equipment	260,000won
Brain	Brain MRI + MRA (Non-Contrast) Check for brain tumors, degenerative changes and stenosis, obstruction and cerebral artery 'aneurysm	1,560,000won

Thyroid	Thyroid Ultrasou Check for thyroid cyst lymph node abnormal	234,000won		
Breast	Check for breast cyst,	Breast Ultrasound Check for breast cyst, nodule, and cancer or axillary lymph node abnormality on both sides		
Pelvis	Gynecologic Ultrasound Identify gynecological diseases such as diseases of the uterus and ovaries, abnormal shape and location of the fallopian tube, tumors, uterine myoma, and ovarian cysts		234,000won	
	HPV(Human Pap Identify the presence a risk factors for cervical cancer	104,000won		
	Anti-Mullerian Hormone(AMH) This test predicts the possibility of fertility, menopause, and polycystic ovary syndrome.		104,000won	
Muscles/ Skeletal system	Bone Densitometry Diagnosis of osteopenia and osteoporosis		104,000won	
	Cervical Vertebrae Screening SET [X-Ray + MRI] (Non-Contrast)	Through examinations to check the structures of the vertebrae, surrounding muscles, and the presence of discs and nerve root compression when there is a pain in the cervical spine and/ or lumbar spine or when neurologic symptoms are present	975,000won	
	Lumbar Vertebrae Screening SET [X-Ray + MRI] (Non-Contrast)		975,000won	
Body	<b>3D Analysis</b> Your entire body is scanned to identify how well it is aligned from front to back and left to right, your posture, body ratio and balance.		130,000won	
Functional Medicine	Natural Killer Cell Activity Test Testing for evaluating the activity of Natural killer cells which remove abnormal cells infected by virus or cancer cells as the component of the innate immune system		156,000won	
	Active Oxygen and Antioxidant Ability Test Testing for measuring the amount of active oxygen which causes a harmful effect on health and evaluating antioxidant ability which removes active oxygen		130,000won	
Allergy	Allergen Screen	61 Types of Allergies (MAST-Multiple Allergen Screening Test) Cause analysis of acute allergy to various external factors		
Gene	Telomere           This test measures the health and aging state of cells with information about telomere gene length         325,000won			

### **Directions to Severance Health Check-up**



F. 4,5 Yonsei Jaedan Severance bldg., 10, Tongil-ro, Jung-gu, Seoul, Korea



#### By Car

- Enter the parking lot located at Toegye-ro street side of Yonsei University Severance Building
- **2** Use B2 of the parking lot
- If the ground floor using the elevator at the green wall

#### By Bus

Get off at Seoul Transfer Center, Sungnyemun (Namdaemun)
 Walk to the main entrance of Yonsei University Severance Building

#### By Subway

- 1 Take subway line 1 or 4 to Seoul station
- Ø Go through the stairs between Exit 4 and Exit 5 to B1 of the Severance Building
- I ake the escalator to the ground floor

#### When you bring own car

- On the day of exam : general checkup(6hours), optional checkup(2hours), Parking ticket will be provided.
- Date of visit for consultation : Parking ticket will be provided for 1h 30min.



